



Ditch The Itch

7 Allergy Relieving Tips For Your Doggo





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Introduction:

Pet allergies are tough, and nothing is worse than seeing your fur baby uncomfortable. Your pet's ability to combat allergies starts with a healthy, balanced, and strong body. Waiting to treat allergies can lead to serious problems, such as continued itching & discomfort, hair loss, sores and even skin infections.

It really is up to us to be our best friend's best friend, and at We Love Doggos, we want ALL dogs to be healthy and happy. If we can provide some information that helps at least one doggo, then it's all been worth it.

At We Love Doggos, we're not veterinarians. We're dog lovers who want to save doggos and help other dog lovers. The tips in this eBook should help your doggo maintain a healthy and active lifestyle, but they do not, nor are they intended to replace a trip to the veterinarian. Your doggos vet's advice will trump anything you read here, but these tips are tried and true..

The goal of this eBook is to educate and provide some tools and information needed to keep your doggo happy, healthy and on the move, so they can have their best life now.

1) Clean As A Whistle

Frequently Wash Your Doggo's Things

One of the most effective ways to combat skin allergies is to reduce your doggo's exposure to microbial irritants by frequently washing your dog's things. Germs, dirt, pollen, and more end up on your dog's bedding, soft toys, and blankets. Make sure you're washing these items weekly to keep them fresh and clean for your dog. If your dog suffers from seasonal allergies, this can be especially helpful in reducing their exposure.

And let's not forget, since we are talking about your doggo's sensitive skin, it's also a good idea to use a dye free, perfume free detergent when washing their bedding and / or soft fabric toys. Just like humans, dog's can be sensitive to dyes and perfumes.





2) Spa Treatments

Grooming And Doggo Hygiene

Having your dog groomed regularly helps get rid of dead skin and old hair which may be irritating your dog's skin. The occasional Oatmeal or Aloe bath can also help to soothe your dogs itchy dry skin. Just try to avoid hot hair dryers after the bath to avoid drying out the skin.

While your dog is getting their spa treatment, this is a great time to get ahead of existing allergens around the house. By working in conjunction with your dogs grooming appointments, it's a great time to deep clean the house and have a clean slate. If you need a little extra time, have a family member keep your dog at a friend's home or with the groomer until the house is ready.





3) ACV - Magic In A Bottle

Apple Cider Vinegar

ACV can be used as a powerful antibacterial and anti-fungal treatment. Simply combine a mixture of 50 percent apple cider vinegar and 50 percent water in a clean spray bottle, then spray your dog's itchy spots with the solution. If your dog's paws are irritated, you can use the mixture for a nice, relaxing paw soak for up to five minutes. Never used ACV on raw skin or open wounds-it can be extremely painful for your dog or worsen the symptoms. ACV can also help relieve itchy skin and rashes caused by yeast and poison ivy.

As an alternative to the 50/50 apple cider vinegar and water mix, you may want to try an apple cider vinegar tea body rinse. This body rinse can be useful to restore skin pH, soothe itchy skin, calm rashes and welts.

Dr. Doggo's Recipe:

Mix the following ingredients together in a glass bottle or jar with a cap. Shake well before use:

- ½ cup apple cider vinegar
- ½ cup brewed green tea (cooled)
- 1 cup distilled water

After bathing, apply this room temperature rinse to your dog's coat and skin ... then massage it in. Rinse well and pat dry. Or. you can let the apple cider vinegar mix air dry for the added benefit of bug relief.

4) A Change Of Pace

Try A Different Dog Food

What your dog eats has a lot to do with their overall health. If your dog is suffering from a food allergy, changing the diet will be essential. Pet allergies are often caused by ingredients like chicken, soy, lamb, dairy, or wheat found in your dog's food. Working closely with a vet, you'll be able to pinpoint the ingredient that bothers your dog and avoid including it in the diet moving forward.

What Types of Dog Food Are Best for Allergies?

The best dog foods for allergies are available in 2 recipe designs: Limited ingredient diets & Hypoallergenic dog foods

Limited Ingredient Diets

Limited ingredient diets contain fewer items, which can make it easier to pin down the specific ingredient (known as an allergen) to which your pet may be allergic.

Hypoallergenic Dog Foods

Hypoallergenic dog foods are different. They're made with protein that's been "split" into its basic nutrient building blocks. This "hydrolyzed" protein can make the allergen virtually invisible to your pet's immune system. So, your dog is less likely to have an allergic reaction to the food.





5) Doggos In The Mist

Use A Humidifier

Dry air inside the home can cause dog's skin to become dry and itchy, especially during the winter months when the furnace or heater is on. Allergens in the air can cause your dog's eyes to water and burn and their nose to itch and get clogged up. A humidifier can aid your pup's allergy treatment by helping to minimize the severity of their symptoms.

But how are humidifiers specifically good for pups? There are actually a few significant ways that a humidifier can benefit your canine companion.

- Open Up Airways
- Soothe Dry Skin
- Relieve Snoring
- Relief From Seasonal Allergies



6) Staying On Top Of It

Applying Topical Remedies

Applying high quality coconut oil can soothe the discomfort associated with doggy eczema, allergies, skin infections, and even bug bites. aloe vera is also a powerful healing agent that can also reduce redness and draw uncomfortable heat away from the skin. You can apply aloe vera directly to your dog's affected hot spots.

Some home remedies that have been proven to be effective are:

- 50/50 apple cider vinegar and water spray
- coconut oil applied topically
- chamomile and green tea soak (let tea bags steep in warm bath water for several minutes, remove the bags, and soak your pup for five minutes).
- Oatmeal bath





7) Just What The Doctor Ordered

Doctor Doggo's Allergy-Immune Chews

The battle against allergies really starts with a healthy diet of appropriate ingredients and supplements to prepare for allergy season. Supplementing your dog's daily diet with our Allergy-Immune chews can help reduce itchy dry skin and other seasonal allergy symptoms. Crafted with immunity boosting colostrum & an Omega 3 Oil blend of fresh fish, these allergy chews definitely support immune, histamine and allergy health in your dog.

ALL-AROUND IMMUNE & ALLERGY SUPPORT - Reduce allergy symptoms and improve your dog's skin and coat with our vet formulated dog allergy supplement. Doctor Doggo's dog itch relief chews provide maximum immune & allergy support within a delicious natural beef and bacon flavor!

SAY GOODBYE TO HOTSPOTS - Soothe your dog's itchiness with a treat packed with nutrient rich Colostrum and Omega-3 Krill Oil. These aller immune bites will help keep seasonal allergies in check while promoting immunity, skin, heart and brain health.

GIVE YOUR PUP AN IMMUNITY BOOST - You don't need a prescription for this dog allergy medicine. Formulated with Turmeric, Vitamin C & Green Tea to help fight inflammation and deliver much needed antioxidants for optimal immune support.

Buy Allergy-Immune Chews

Get \$10 OFF
When you use code
ITCH1441 at checkout